



# 12 Weeks of Progress

A twelve week guide to complete Personal Progress, excluding the ten hour projects

	Read in the Book of Mormon	Go and Do		Check Off
1	1 Nephi 1 - 18	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures	<input type="checkbox"/> Individual Worth #1 <input type="checkbox"/> Individual Worth #7 <input type="checkbox"/> Integrity #2
2	1 Nephi 19 - 2 Nephi 19	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures	<input type="checkbox"/> Faith #2 <input type="checkbox"/> Divine Nature #1 <input type="checkbox"/> Virtue #1
3	2 Nephi 20 - end of Jarom	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures	<input type="checkbox"/> Individual Worth #4 <input type="checkbox"/> Knowledge #6
4	Omni 1 - Mosiab 19	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards <input type="checkbox"/> Visit and evaluate a museum or performance	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures	<input type="checkbox"/> Knowledge #3 <input type="checkbox"/> Knowledge #5 <input type="checkbox"/> Choice and Accountability #3
5	Mosiab 20 - Alma 6	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards <input type="checkbox"/> Serve a family member <input type="checkbox"/> Record worthwhile attributes and quiet acts of service	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures <input type="checkbox"/> Serve others <input type="checkbox"/> Help cook	<input type="checkbox"/> Integrity #7
6	Alma 7 - 24	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards <input type="checkbox"/> Serve a family member <input type="checkbox"/> Record worthwhile attributes and quiet acts of service	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures <input type="checkbox"/> Serve others <input type="checkbox"/> Help cook	<input type="checkbox"/> Divine Nature #3 <input type="checkbox"/> Individual Worth #3 <input type="checkbox"/> Individual Worth #6 <input type="checkbox"/> Good Works #1
7	Alma 25 - 42	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards <input type="checkbox"/> Serve a family member <input type="checkbox"/> Be obedient	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures <input type="checkbox"/> Serve others <input type="checkbox"/> Help cook <input type="checkbox"/> Be a peacemaker	
8	Alma 43 - 60	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards <input type="checkbox"/> Serve a family member <input type="checkbox"/> Be obedient	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures <input type="checkbox"/> Serve others <input type="checkbox"/> Help cook <input type="checkbox"/> Be a peacemaker	<input type="checkbox"/> Divine Nature #2 <input type="checkbox"/> Divine Nature #5 <input type="checkbox"/> Divine Nature #6 <input type="checkbox"/> Divine Nature #7 <input type="checkbox"/> Knowledge #2 <input type="checkbox"/> Good Works #2 <input type="checkbox"/> Good Works #3 <input type="checkbox"/> Good Works #5
9	Alma 61 - end of Helaman	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures <input type="checkbox"/> Teach about service	<input type="checkbox"/> Faith #3 <input type="checkbox"/> Knowledge #4 <input type="checkbox"/> Choice and Accountability #4 <input type="checkbox"/> Virtue #4
10	3 Nephi 1 - 24	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures	<input type="checkbox"/> Choice and Accountability #5 <input type="checkbox"/> Integrity #3 <input type="checkbox"/> Integrity #4 <input type="checkbox"/> Virtue #2
11	3 Nephi 25 - Ether 8	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards <input type="checkbox"/> Teach about the Plan of Salvation	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures <input type="checkbox"/> Fast	<input type="checkbox"/> Faith #6 <input type="checkbox"/> Individual Worth #2 <input type="checkbox"/> Knowledge #1 <input type="checkbox"/> Integrity #6
12	Ether 9 - end of Moroni	<input type="checkbox"/> Live within your budget <input type="checkbox"/> Pray daily <input type="checkbox"/> Keep your standards	<input type="checkbox"/> Pay a full tithe <input type="checkbox"/> Read the scriptures	<input type="checkbox"/> Faith #1 <input type="checkbox"/> Faith #4 <input type="checkbox"/> Faith #7 <input type="checkbox"/> Choice and Accountability #1 <input type="checkbox"/> Choice and Accountability #2 <input type="checkbox"/> Choice and Accountability #7 <input type="checkbox"/> Good Works #6 <input type="checkbox"/> Integrity #1