<table>
<thead>
<tr>
<th>Read in the Book of Mormon</th>
<th>Go and Do</th>
<th>Check Off</th>
</tr>
</thead>
</table>
| 1 Nephi 1 - 18            | Live within your budget  
Pray daily  
Keep your standards  
Pay a full tithe  
Read the scriptures    | Individual Worth #1  
Individual Worth #7  
Integrity #2 |
| 1 Nephi 19 - 2 Nephi 19   | Live within your budget  
Pray daily  
Keep your standards  
Pay a full tithe  
Read the scriptures    | Faith #2  
Divine Nature #1  
Virtue #1 |
| 2 Nephi 20 - end of Jarom | Live within your budget  
Pray daily  
Keep your standards  
Pay a full tithe  
Read the scriptures    | Individual Worth #4  
Knowledge #6 |
| Omni 1 - Moiah 19         | Live within your budget  
Pray daily  
Keep your standards  
Visit and evaluate a museum or performance  
Pay a full tithe  
Read the scriptures    | Knowledge #3  
Knowledge #5  
Choice and Accountability #3 |
| Moriah 20 - Alma 6        | Live within your budget  
Pray daily  
Keep your standards  
Serve a family member  
Record worthwhile attributes and quiet acts of service  
Pay a full tithe  
Read the scriptures  
Serve others  
Help cook  
Help obedience  
Be a peacemaker    | Integrity #7  
Divine Nature #3  
Individual Worth #3  
Individual Worth #6  
Good Works #1 |
| Alma 7 - 24               | Live within your budget  
Pray daily  
Keep your standards  
Serve a family member  
Record worthwhile attributes and quiet acts of service  
Pay a full tithe  
Read the scriptures  
Serve others  
Help cook  
Help obedience  
Be a peacemaker    | Divine Nature #2  
Knowledge #2  
Divine Nature #5  
Good Works #2  
Divine Nature #6  
Good Works #3  
Divine Nature #7  
Good Works #5 |
| Alma 25 - 42              | Live within your budget  
Pray daily  
Keep your standards  
Serve a family member  
Record worthwhile attributes and quiet acts of service  
Pay a full tithe  
Read the scriptures  
Serve others  
Help cook  
Help obedience  
Be a peacemaker    | Faith #3  
Knowledge #4  
Choice and Accountability #4  
Virtue #4 |
| Alma 43 - 60              | Live within your budget  
Pray daily  
Keep your standards  
Serve a family member  
Record worthwhile attributes and quiet acts of service  
Pay a full tithe  
Read the scriptures  
Serve others  
Help cook  
Help obedience  
Be a peacemaker    | Divine Nature #2  
Knowledge #2  
Divine Nature #5  
Good Works #2  
Divine Nature #6  
Good Works #3  
Divine Nature #7  
Good Works #5 |
| Alma 61 - end of Helaman  | Live within your budget  
Pray daily  
Keep your standards  
Serve a family member  
Record worthwhile attributes and quiet acts of service  
Pay a full tithe  
Read the scriptures  
Serve others  
Help cook  
Help obedience  
Be a peacemaker    | Faith #3  
Knowledge #4  
Choice and Accountability #4  
Virtue #4 |
| 3 Nephi 1 - 24            | Live within your budget  
Pray daily  
Keep your standards  
Pay a full tithe  
Read the scriptures    | Choice and Accountability #5  
Integrity #3  
Integrity #4  
Virtue #2 |
| 3 Nephi 25 - Ether 8      | Live within your budget  
Pray daily  
Keep your standards  
Teach about the Plan of Salvation  
Pay a full tithe  
Read the scriptures    | Faith #6  
Individual Worth #2  
Knowledge #1  
Integrity #1 |
| Ether 9 - end of Moroni   | Live within your budget  
Pray daily  
Keep your standards  
Pay a full tithe  
Read the scriptures    | Faith #1  
Choice and Accountability #1  
Choice and Accountability #2  
Choice and Accountability #7 |

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